



## PLAN B Study Guide 7 – High Jump

### Junior Official Program Study Guides

The purpose of the Study Guides in this program are to help you acquire the knowledge needed to be able to understand and create a brief statement of the information that you will need for course completion and future knowledge. You might think of this Study Guide as a mini-outline to the different official positions that are contained in Track and Field competitions. Consider this Study Guide as a condensed version of all of the important information that you will need to complete the Junior Officials Program successfully.

Each Officials duties, skills and behaviors are contained in the 17 Different Study Guides offered in this program. These Study Guides are a combination of

- Adopted USATF 2020 Competition Rules.
- Best Practices (those skills that describe “what works best” in a particular situation or environment). These Study Guides are data supported successes and researched supported over time, as offered by Track & Field officials in the quest for accountability for reliable methods.
- USATF Code of Ethics
- USATF Professional Guidelines

### Procedures

Once you have the Study Guide in front of you, do more than just read it. Take the time to look at the material to understand what you will be asked to do. Start by reading the description to formulate a big-picture idea of what your Mentors assessment will look like. Then, review the list of concepts.

Quizzing yourself is a highly effective study technique. Make a copy of the Mentors Checklist and carry it with you to the meets so you can review the questions and answers periodically throughout the day and across several days/meets. Identify the questions that you don't know and quiz yourself on only those questions. Say your answers aloud.

The important skills needed in this Guide correspond to the Learning and Performance Objective numbers that begin with the abbreviation: **HJ (High Jump). (HJ1 - 26)**

Ask questions of your Mentors, they are there to answer your questions and guide you to learning and performing as a USATF official.

Good Luck to you on your journey to become a USATF Certified Official!



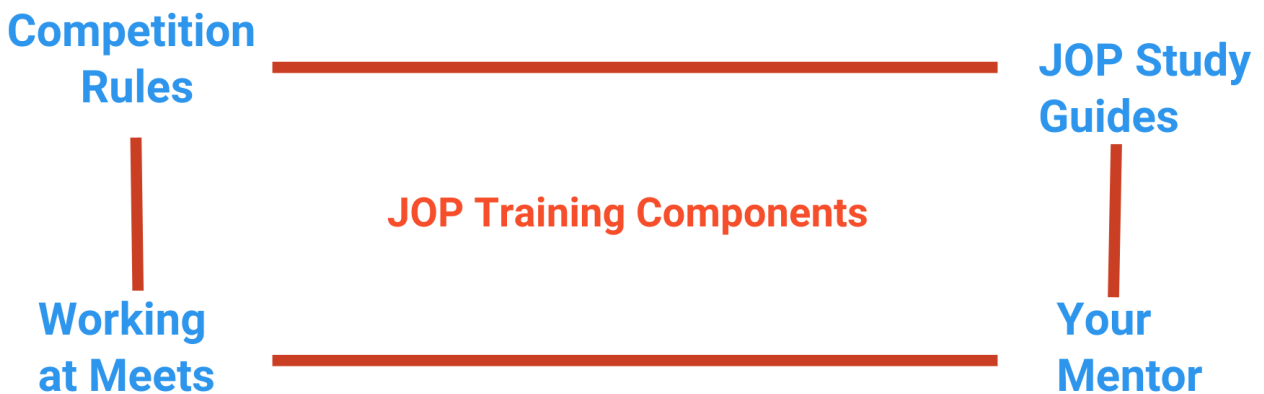
## PLAN B Study Guide 7 – High Jump

The purpose of this Study Guide is to help you acquire knowledge of this track and field event. This is one of 17 Study Guides available to you. Each Guide covers a different track and field event. You are welcome to review all the guides, but the JOP program would like you and your mentor to **select ten (10)** of these Guides to concentrate on as your primary focus while participating in the JOP program. JOP Participants who are in the program for longer than two (2) years will have the opportunity to experience all of the 17 Study Guides. This will help you prepare for the Officials Association Level that the 3-4 year participants can qualify you to become. You will be evaluated by your mentor on your knowledge of your 10 Study Guide events. Also, an Alternative List of Study Guides will be produced for your furthering your knowledge in your officiating experience.

The content of these Study Guides is primarily drawn from these resources:

- USATF Competition Rules
- Best Practices
- USATF Code of Ethics
- USATF Professional Guidelines

These Study Guides, your mentor, the USATF Competition Rules, and experience working track and field meets are the four key components of the Junior Officials Program.



Your key resource in learning to officiate the High Jump is the USATF Competition Rules Book that has been issued to you for your use. That Rule Book is also on line at this link:

[2020 Competition Rule Book](#)



## PLAN B Study Guide 7 – High Jump

### High Jump areas of Learning Objectives

- USATF Rule 182
- Personal Equipment
- Equipment From Meet Management Standards
- Preparations
- Equipment
- Verify Pit Size and Positioning
- Sweep the Apron
- Crossbars
- Standards Placement
- Standards Height
- Indicator Line
- Measuring device
- Set-up
- Other Officials
- Increments
- Warm-ups
- Check-in all Athletes
- Records
- Inclement Weather
- Brief the Athletes on the Rules and Competition Procedures
- Venue set-up and Assignments
- Vertical Jump Recording Sheets
- Conducting Five Alive [Five Alive Video](#)
- Resolving ties
- Time limits – Field Events
- Absent from Competition

### RESOURCES

- Event Preparations - High Jump, Feb 2018
- Five Alive – Verticals, Jan 2019
- Flight Coordinator Activities, Jan 2019
- Head Official Protocols - High Jump, Jan 2019
- High Jump - High School Rules, Jan 2019
- HJ Instructions & Rules - NCAA, Feb 2019



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- Instructions to Athletes & Rules - High Jump - USATF, Feb 2018
- Resolving Ties – HJ & PV, Mar 2018
- Time Limits & Absence From Competition, Jan 2019
- Venue Diagram and Officials Assignments - HJ, Mar 2019
- Crossbar Preparations, Feb 2016 ([Video](#)) \*\* Very Good Evaluation Form - Vertical Jumps, Jan 2013
- Five Alive Webinar ([Link](#))
- High Jump Setup Presentation - 2011 Annual Meeting ([PPT](#))
- Vertical Events Recording Sheet – Landscape -Jan. 2018
- Vertical Events Recording Sheet – Portrait – Jan. 2018
- Vertical Jumps Monograph Series, Aug. 2012

All of the above RESOURCES are available at: [High Jump Resources](#)

- Five Alive Video

[https://www.youtube.com/watch?v=6CbN4fM10T0&feature=youtu.be&ab\\_channel=TFOTrainingAssociates](https://www.youtube.com/watch?v=6CbN4fM10T0&feature=youtu.be&ab_channel=TFOTrainingAssociates)

- USAFT Code of Ethics/ Professional Guidelines
- [USATF Code of Ethics and Performance Guidelines](#)



## PLAN B Study Guide 7 – High Jump

### REMINDER MAP - Common Learning/Performance Objectives (PO's) for all Junior Official Participants

Mentors will be concentrating on the areas in gray to determine your Checklist and Field of Play Evaluation at the end of your individual time-line in the program.

Code of Ethics/Performance Objectives (PO's)	PO #	Assessment Evaluation Criteria (P.O.'s)	PO #
Be fair, consistent, and impartial to ensure equitable treatment for all competitors.	PO1	Arrives on time for meetings and events.	AEC1
Have a thorough knowledge of the rules and procedures for the particular event or position assigned and review them prior to a competition.	PO2	Properly wears officials' uniform; presents a professional appearance.	AEC2
Cooperate with fellow officials to conduct competition in a safe and professional manner. Be courteous and avoid confrontations or making derogatory comments to athletes, coaches, spectators, or other officials.	PO3	Knows and applies rules correctly and consistently.	AEC3
Demonstrate respect and courtesy for other officials. Avoid interfering with duties assigned to other officials or publicly questioning the performance of other officials. Assist in correctly applying rules and support final decisions rendered by chief officials. Provide and accept performance feedback in a positive manner.	PO4	Treats all personnel with respect and professionalism	AEC4
Honor all assignments and agreements made for performance of officiating and support duties.	PO5	Communicates effectively with competitors.	AEC5
Not discriminate against any individual or group on the basis of race, color, religion, gender, national origin, age, or other protected characteristic.	PO6	Stays alert to the competition, potential problems, and the athletes.	AEC6
Not engage in harassment by making unwelcome advances, remarks, or display of materials where such would create an intimidating, hostile, or offensive environment.	PO7	Works well with other officials for success of the crew.	AEC7
Not fraternize with athletes or coaches, provide tips or comments which could be construed as coaching for any athlete, nor cheer for or provide encouragement to particular athletes or teams during a competition.	PO8	Willing to pitch in and help wherever needed or directed.	AEC8
Not use tobacco products while in the field of competition, nor consume alcoholic products before or during a competition.	PO9	Has applicable rule books and necessary personal equipment.	AEC9
Not seek recognition or attention during a competition.	PO10	Correctly and efficiently prepares the venue; maintains safety	AEC10
Conduct an honest self-evaluation after each competition, to identify errors made and areas for improvement; and be receptive to	PO11	Conducts complete, accurate briefings for athletes.	AEC11



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suggestions for conducting events in the best possible manner in the future.			
Comply with the USA Track & Field Officials Code of Ethics	<b>PO12</b>	Effectively manages volunteers	<b>AEC12</b>
Be punctual in reporting for assigned officiating duties, including allowing adequate time for venue inspection and set-up prior to the warm-up period and competition.	<b>PO13</b>	Completes event forms properly and neatly	<b>AEC13</b>
Possess the appropriate rule book(s) for the competition.	<b>PO14</b>	Demonstrates good decision-making and problem-solving skills.	<b>AEC14</b>
Possess and maintain appropriate uniform items and wear the national uniform or other dress prescribed by meet management, and be prepared to continue duties in all types of weather.	<b>PO15</b>	Accepts & responds to feedback, contributes to post-event review	<b>AEC15</b>
Inspect assigned venues to ensure the safety of athletes, officials, and spectators. Correct or report apparent or suspected dangers to meet management before beginning a competition.	<b>PO16</b>		
Be calm, positive, and polite. Refrain from dialog with athletes and coaches regarding disputed calls or decisions, and instead refer them to the referee, protest table, or games committee for resolution. Report abusive behavior toward officials to meet management.	<b>PO17</b>		
Not use any electronic or photographic devices, including cell phones, while officiating.	<b>PO18</b>		
Assist in submitting competition results, cleaning the event area, and returning equipment. Before departing the site, determine if any other venues need officiating assistance.	<b>PO19</b>		
Attend periodic training sessions or clinics to maintain or update officiating skills. Assist, as appropriate, in developing and presenting training materials.	<b>PO20</b>		
Keep physically fit, and advise their association or coordinator of officials of physical limitations on their ability to perform any assigned duty.	<b>PO21</b>		
Mentor less experienced officials by sharing information and techniques, demonstrating use of equipment, identifying potential problems or issues and recommending solutions, and encouraging questions.	<b>PO22</b>		
Assist in recruiting new officials.	<b>PO23</b>		
Consider active involvement with the officials' committees of the local association and USATF.	<b>PO24</b>		
Make recommendations for rules changes as appropriate.	<b>PO25</b>		



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### Study Guide 7 – High Jump Program Learning/Performance Objectives – Mentor Checklist

Participant Name \_\_\_\_\_ Mentor Name \_\_\_\_\_

**Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)**

**INSTRUCTIONS:** All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objective What should the JOP be able to explain or do?	PO #	Date Completed	Mentor Initials
USATF Rule 182 / other pertinent rules as per module	HJ1		
Personal Equipment	HJ2		
Equipment From Meet Management Standards	HJ3		
Preparations	HJ4		
Set-up	HJ5		
Verify Pit Size and Positioning	HJ6		
Sweep the Apron	HJ7		
Crossbars	HJ8		
Standards Placement	HJ9		
Standards Height	HJ10		
Indicator Line	HJ11		
Measuring Device	HJ12		
Set-up	HJ13		
Other Officials	HJ14		
Increments	HJ15		
Warm-ups	HJ16		
Check-in All Athletes	HJ17		
Records	HJ18		
Inclement Weather	HJ19		
Brief the athletes on the Rules an Competition Procedures	HJ20		
Venue set-up and Assignments	HJ21		
Vertical Jump Recording Sheets	HJ22		
Conducting Five Alive	HJ23		
Resolving Ties	HJ24		
Time Limits – Field Events	HJ25		
Absent from Competition	HJ26		



## PLAN B Study Guide 7 – High Jump

### Study Guide 7 - Vertical Jumps – High Jump - Field of Play -- Mentor Evaluation Field of Play Evaluation

Participant Name \_\_\_\_\_ Mentor Name \_\_\_\_\_

**MENTORS** – All items on this Checklist must be completed during the timeline of the program. Some participants are in the program from one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Checkoff the rating that you give to the JOP Participant, enter the date of completion and enter your initials as a verification that the objective was completed. If you have assigned a rating of Fair\* - Please add your rationale to the \*Area for Improvement space. *Please submit a copy of this Field of Play Evaluation/Assessment final form with the completion dates and your Mentor signature, to the Association Certification Chairperson or JOP Designee in your Association. Please make 3 copies -One (1) for your records, one (1)for the Association Chair/JOP Designee, and one (1) to give to the JOP Participant for their records. Hardcopies or electronic copies are acceptable. All Objectives must be met before submission.*

Code of Ethics/Professional /Learning/Performance Objectives	PO#	Fair* (check)	Good (check)	Excellent (check)	Date Completed	Mentor Initials
1. Arrives on time for meetings and events.	AEC1					
*Area for Improvement (Fair or below):						
2. Properly wears officials' uniform: presents a professional appearance.	AEC2	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
3. Knows and applies rules correctly and consistently.	AEC3	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
4. Treats all personnel with respect and professionalism.	AEC4	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
5. Communicates effectively with competitors.	AEC5	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
6. Stays alert to the competition, potential problems, and the athletes.	AEC6	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
7. Works well with other officials for success of the crew.	AEC7	Fair*	Good	Excellent		





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<b>*Area for Improvement (Fair or below):</b>						
<b>8. Willing to pitch-in and help wherever needed or directed.</b>	AEC8	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>9. Has applicable rulebooks and necessary personal equipment.</b>	AEC9	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>10. Correctly and efficiently prepares the venue and maintains a high level of safety.</b>	AEC10	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>11. Conducts complete, accurate briefings for athletes.</b>	AEC11	Fair*	Good	Excellent	NA	NA
<b>*Area for Improvement (Fair or below):</b>						
<b>12. Effectively works with volunteers.</b>	AEC12	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>13. Completes event forms properly and neatly.</b>	AEC13	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>14. Demonstrates good decision-making and problem-solving skills.</b>	AEC14	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>15. Accepts and responds to feedback in an appropriate manner.</b>	AEC15	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>16. Not discriminate against any individual or group on the basis of race, color, religion, gender, national origin, age, athletic ability or other protected characteristic.</b>	PO6	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						
<b>17. Not engage in harassment by making unwelcome advances, remarks, or display of materials where such would create an intimidating, hostile, or offensive environment.</b>	PO7	Fair*	Good	Excellent		
<b>*Area for Improvement (Fair or below):</b>						



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18. Not use tobacco products while in the field of competition, nor consume alcoholic products before or during a competition.	PO9	Fair*	Good	Excellent		
Area for Improvement (Fair or below):						
19. Be calm, positive, and polite. Refrain from dialog with athletes and coaches regarding disputed calls or decisions, and instead refer them to the referee, protest table, or games committee for resolution. Report abusive behavior toward officials to meet management.	PO17	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
20. Not use any electronic or photographic devices, including cell phones, while officiating.	PO18	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
21. Keep physically fit, and advise their association or coordinator of officials of physical limitations on their ability to perform any assigned duty.	PO21	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
22. Presentation of JOP Log of meet experiences containing the number of Hours based on age group.	Program Requirement	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
23. Presentation of Journal or "Briefcase of acquired materials indicating the participants knowledge of growth over the length of the program.	Program Requirement					
*Area for Improvement (Fair or below):						

Comments: \_\_\_\_\_  
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